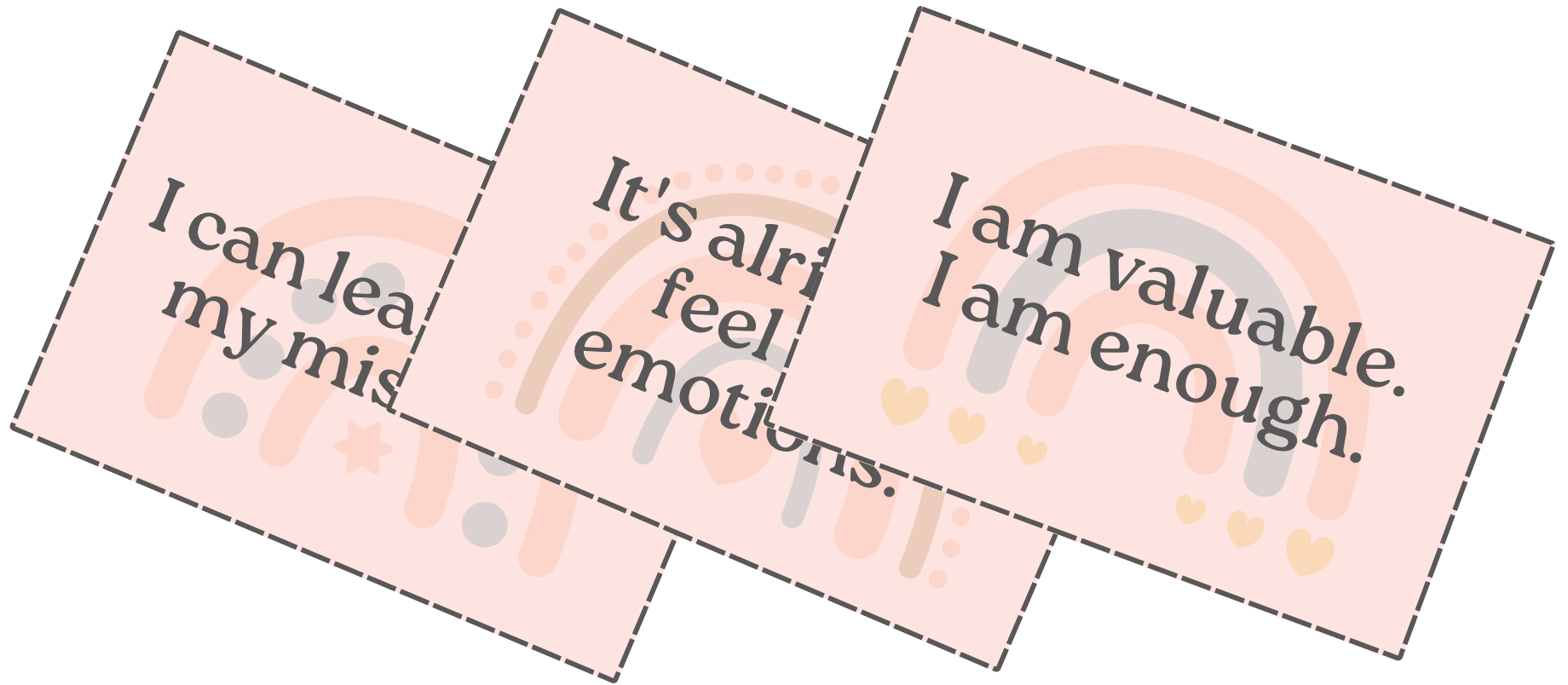


Positive Affirmation Cards for Kids



A stylized illustration of a rainbow with a heart in the center. The rainbow is composed of several curved bands in shades of grey, yellow, and orange. A small pink heart is positioned in the center of the rainbow. The entire illustration is surrounded by a dotted border of small pink dots.

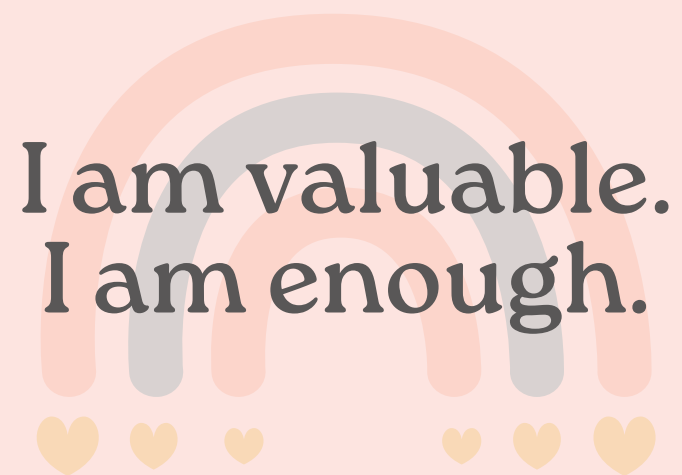
I am in control
of my actions.

A stylized illustration of a rainbow with a heart in the center. The rainbow is composed of several curved bands in shades of brown, grey, and orange. A small pink heart is positioned in the center of the rainbow. The entire illustration is surrounded by a dotted border of small pink dots.

It's alright to
feel my
emotions.

A stylized illustration of a rainbow with a star in the center. The rainbow is composed of several curved bands in shades of orange, grey, and blue. A small pink star is positioned in the center of the rainbow. The entire illustration is surrounded by a dotted border of small pink dots.

I can learn from
my mistakes.

A stylized illustration of a rainbow with hearts at the bottom. The rainbow is composed of several curved bands in shades of orange, grey, and blue. At the bottom of the rainbow, there are six small yellow hearts. The entire illustration is surrounded by a dotted border of small pink dots.

I am valuable.
I am enough.




I can make a
difference.



These emotions
will pass.



I believe in my
abilities.



I am
responsible for
my words.

A stylized illustration of a rainbow with a heart. The rainbow has a grey arch and yellow bands. A pink heart is positioned below the center of the rainbow. The background is light pink with a dotted border.

I grow from my mistakes.

A stylized illustration of a rainbow with a heart. The rainbow has a brown arch and grey bands. A pink heart is positioned below the center of the rainbow. The background is light pink with a dotted border.

I don't need to be perfect.

A stylized illustration of a rainbow with a star. The rainbow has a light orange arch and grey bands. A pink star is positioned below the center of the rainbow. The background is light pink with a dotted border.

I get better every day.

A stylized illustration of a rainbow with hearts. The rainbow has a grey arch and light orange bands. Three yellow hearts are positioned below the center of the rainbow. The background is light pink with a dotted border.

I have a positive attitude.



I forgive myself
for my
mistakes.



It is enough to
do my best.



I am strong and
determined.



I can get
through
anything.